

# December Lunch



ON-SITE 2022



<p><b>M 28</b></p> <p> <b>Turkey Alambre Taco</b> or  <b>Vegetable Crumble Taco</b> with Cilantro Lime Rice Sliced Turkey &amp; Cheddar on Flatbread <i>Served with</i> Seasoned Black Beans</p>	<p><b>T 29</b></p> <p>Swedish Beef Meatballs or  <b>Vegetable Balls</b> with Pasta  <b>Bagel Yogurt Pack</b> <i>Served with</i> Roasted Broccoli</p>	<p><b>W 30</b></p> <p>Chicken Patty Sandwich or  <b>Black Bean Burger</b> Smoked Turkey &amp; Cheddar Hoagie <i>Served with</i>  <b>Sweet Potato JoJos</b></p>	<p><b>T 1</b></p> <p> <b>BBQ Rubbed Chicken Drumstick</b> with Dirty Rice or  <b>Grilled Cheese</b> Roasted Turkey &amp; Cheddar Sandwich <i>Served with</i> Corn on the Cob</p>	<p><b>F 2</b></p> <p> <b>Sliced Turkey Roast</b> or  <b>Tofu Bites</b>  <b>Red Mashed Potatoes &amp; Gravy</b> with Roll Turkey Salami &amp; Cheddar Sandwich <i>Served with</i> Green Beans</p>
<p><b>M 5</b></p> <p>Beef Hamburger, Beef Cheeseburger or  <b>Black Bean Burger</b> Sliced Turkey &amp; Cheddar on Flatbread <i>Served with</i> Tator Tots</p>	<p><b>T 6</b></p> <p>Chicken &amp; Cheese or  <b>Black Bean &amp; Cheese Quesadilla</b> with Southwest Rice  <b>Bagel Yogurt Pack</b> <i>Served with</i> Seasoned Corn</p>	<p><b>W 7</b></p> <p>Chicken à la King or  <b>Grilled Cheese</b> Smoked Turkey &amp; Cheddar Hoagie</p>	<p><b>#MNTHURS 8</b></p> <p> <b>Beef Pot Roast</b> with Beef Gravy &amp; Roll or  <b>Sunbutter Sandwich</b> Chicken Salad on Flatbread <i>Served with</i>  <b>Roasted Root Vegetables</b>  <b>Apple Crisp</b></p>	<p><b>F 9</b></p> <p>NO SCHOOL</p>
<p><b>M 12</b></p> <p> <b>BBQ Pulled Turkey Sandwich</b> or  <b>Black Bean Burger</b> Turkey Salami &amp; Cheddar Sandwich <i>Served with</i> Baked Beans</p>	<p><b>T 13</b></p> <p>Chicken Parmesan or  <b>Vegetable Balls</b> with Spaghetti &amp; Marinara Sauce  <b>Bagel Yogurt Pack</b> <i>Served with</i> California Blend</p>	<p><b>W 14</b></p> <p> <b>Honey Chipotle Fish</b> with Roll or  <b>Grilled Cheese</b> Smoked Turkey &amp; Cheddar Hoagie <i>Served with</i> Potato Wedges</p>	<p><b>T 15</b></p> <p>Oven Fried Chicken Drumstick with Creamy Mac &amp; Cheese or  <b>Sunbutter Sandwich</b> Roasted Turkey &amp; Cheddar Sandwich <i>Served with</i> Mixed Blend Vegetables</p>	<p><b>F 16</b></p> <p>Pepperoni Pizza or  <b>Cheese Pizza</b> Turkey Salami &amp; Cheddar Sandwich</p>
<b>M 19</b>	<b>T 20</b>	<b>W 21</b>	<b>T 22</b>	<b>F 23</b>
<b>WINTER BREAK</b>				
<b>M 26</b>	<b>T 27</b>	<b>W 28</b>	<b>T 29</b>	<b>F 30</b>
<b>DEC 19-30</b>				

Complement Meal with Market Cart Salad Bar. Milk Offered Daily.

This institution is an equal opportunity provider. [cws.mpls.k12.mn.us](http://cws.mpls.k12.mn.us)

Meatless Option JR Iron Chef Recipe Farm to School Contains Fish

Due to supply chain and distribution issues impacting our district and the world, our menu is subject to change. Keep this in mind when reviewing our printed and on-line menus. For the most up to date information, visit [cws.mpls.k12.mn.us](http://cws.mpls.k12.mn.us).