

# December Lunch



PREPACK 2022



<p><b>M 28</b></p> <p> <b>Turkey Alambre</b> or  <b>Vegetable Crumbles</b> with Brown Rice and Tortilla Chips  <b>Bagel Yogurt Pack</b> <i>Served with Black Beans</i></p>	<p><b>T 29</b></p> <p>Swedish Beef Meatballs or  <b>Vegetable Balls</b> with Pasta Smoked Turkey &amp; Cheddar Hoagie <i>Served with Corn</i></p>	<p><b>W 30</b></p> <p>Breaded Chicken Sandwich with Diced Sweet Potatoes or  <b>Black Bean Burger</b> Roasted Turkey &amp; Cheddar Sandwich</p>	<p><b>T 1</b></p> <p> <b>BBQ Rubbed Chicken Drumstick</b> with Dirty Rice or  <b>Grilled Cheese</b> Turkey Salami &amp; Cheddar Sandwich</p>	<p><b>F 2</b></p> <p> <b>Roast Turkey</b> &amp; Gravy with Mashed Potatoes and Roll or  <b>Cheese Stromboli</b> Sliced Turkey &amp; Cheddar on Flatbread <i>Served with Green Beans</i></p>
<p><b>M 5</b></p> <p>Beef Hamburger, Beef Cheeseburger or  <b>Black Bean Burger</b>  <b>Bagel Yogurt Pack</b> <i>Served with Potato Wedges</i></p>	<p><b>T 6</b></p> <p>Shredded Beef Burrito or  <b>Bean &amp; Cheese Burrito</b> Smoked Turkey &amp; Cheddar Hoagie <i>Served with Seasoned Pinto Beans</i></p>	<p><b>W 7</b></p> <p>Chicken à la King with Biscuits or  <b>Grilled Cheese</b> Chicken Salad on Flatbread</p>	<p><b>#MNTHURS 8</b></p> <p> <b>Beef Pot Roast</b> with Beef Gravy &amp; Roll or  <b>Sunbutter Sandwich</b> Turkey Salami &amp; Cheddar Sandwich <i>Served with  Root Vegetables  Apple Crisp</i></p>	<p><b>F 9</b></p> <p>NO SCHOOL</p>
<p><b>M 12</b></p> <p>Turkey Burger, Turkey Cheeseburger or  <b>Black Bean Burger</b>  <b>Bagel Yogurt Pack</b> <i>Served with Baked Beans</i></p>	<p><b>T 13</b></p> <p>Chicken Parmesan with Penne or  <b>Vegetable Ball Pasta Bake</b> Smoked Turkey &amp; Cheddar Hoagie <i>Served with Country Blend Vegetables</i></p>	<p><b>W 14</b></p> <p> <b>Honey Chipotle Fish</b> with Roll or  <b>Grilled Cheese</b> Roasted Turkey &amp; Cheddar Sandwich <i>Served with Potato Wedges</i></p>	<p><b>T 15</b></p> <p>BBQ Chicken Drumstick with Green Beans &amp; Cornbread or  <b>Sunbutter Sandwich</b> Turkey Salami &amp; Cheddar Sandwich</p>	<p><b>F 16</b></p> <p>Pepperoni Pizza or  <b>Cheese Pizza</b> Sliced Turkey &amp; Cheddar on Flatbread</p>
<p><b>M 19</b></p>	<p><b>T 20</b></p>	<p><b>W 21</b></p>	<p><b>T 22</b></p>	<p><b>F 23</b></p>
<p><b>WINTER BREAK</b></p>				
<p><b>M 26</b></p>	<p><b>T 27</b></p>	<p><b>W 28</b></p>	<p><b>T 29</b></p>	<p><b>F 30</b></p>

Complement Meal with Market Cart Salad Bar. Milk Offered Daily.

This institution is an equal opportunity provider. [cws.mpls.k12.mn.us](http://cws.mpls.k12.mn.us)

Meatless Option Iron Chef Recipe Farm to School Contains Fish

Due to supply chain and distribution issues impacting our district and the world, our menu is subject to change. Keep this in mind when reviewing our printed and on-line menus. For the most up to date information, visit [cws.mpls.k12.mn.us](http://cws.mpls.k12.mn.us).