

March Breakfast



This institution is an equal opportunity provider.
cws.mpls.k12.mn.us

CLASSROOM 2023



SELECTION OF FRUIT & MILK OFFERED DAILY

March is National Nutrition Month!



Eating with sustainability in mind is a tasty way to nourish ourselves and build healthy habits. Fuel your body and protect the environment!

W 1

Choose up to 2

French Toast
Bread
Yogurt Cup
Granola

T 2

Choose up to 2

Brekkie
Breakfast Round
Hard Boiled Egg
Chocolate Sea
Salt Bar

F 3

NO
SCHOOL

National School Breakfast Week Mar 6-10 #NSBW23



Overnight Oats
with Strawberries
OR
Apple
Oatmeal Bar
Granola

Overnight Oats
with Blueberries
OR
Cinnamon Belgian
Waffle
Chocolate
Sea Salt Bar

Overnight Oats
with Raspberries
OR
Banana
Bread
Granola

Overnight Oats
with Mango
OR
French Toast Sticks
Chocolate
Sea Salt Bar

Overnight Oats
with Assorted Fruits
OR
Bagel with
Cream Cheese
Granola

M 13

Choose up to 2

Strawberry
Oatmeal Bar
Yogurt Cup
Granola

T 14

Choose up to 2

Blueberry
Belgian Waffle
Cheese Stick
Chocolate
Sea Salt Bar

W 15

Choose up to 2

French Toast
Bread
Yogurt Cup
Granola

T 16

Choose up to 2

Brekkie
Breakfast Round
Hard Boiled Egg
Chocolate Sea
Salt Bar

F 17

Choose up to 2

Maple
Pancakes
Cheese Stick
Granola

M 20

Choose up to 2

Apple
Oatmeal Bar
Yogurt Cup
Granola

T 21

Choose up to 2

Cinnamon
Belgian Waffle
Cheese Stick
Chocolate Sea
Salt Bar

W 22

Choose up to 2

Banana Bread
Yogurt Cup
Granola

T 23

Choose up to 2

French Toast
Sticks
Hard Boiled Egg
Chocolate Sea
Salt Bar

F 24

Choose up to 2

Bagel with
Cream Cheese
Cheese Stick
Granola

M 27

Choose up to 2

Strawberry
Oatmeal Bar
Yogurt Cup
Granola

T 28

Choose up to 2

Blueberry
Belgian Waffle
Cheese Stick
Chocolate
Sea Salt Bar

W 29

Choose up to 2

French Toast
Bread
Yogurt Cup
Granola

T 30

Choose up to 2

Brekkie
Breakfast Round
Hard Boiled Egg
Chocolate Sea
Salt Bar

F 31

NO
SCHOOL