

# March Breakfast



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cws.mpls.k12.mn.us

WELLSTONE & VOA 2023



## SELECTION OF FRUIT & MILK OFFERED DAILY

### March is National Nutrition Month!



Eating with sustainability in mind is a tasty way to nourish ourselves and build healthy habits. Fuel your body and protect the environment!

**W 1**

French Toast Bread, Yogurt

**T 2**

Apple Oatmeal Bar, Cheese Stick

**F 3**

NO SCHOOL

### National School Breakfast Week Mar 6-10 #NSBW23



Cocoa Cherry Breakfast Bar, Yogurt

Strawberry Oatmeal Bar, Cheese Stick

Cinnamon Chex Cereal, Cheese Stick

French Toast Bread, Yogurt

Apple Oatmeal Bar, Cheese Stick

**M 13**

Blueberry Chex Cereal, Cheese Stick

**T 14**

Cocoa Cherry Breakfast Bar, Yogurt

**W 15**

Strawberry Oatmeal Bar, Cheese Stick

**T 16**

Brekkie Breakfast Round, Yogurt

**F 17**

French Toast Bread, Yogurt

**M 20**

Apple Oatmeal Bar, Cheese Stick

**T 21**

Blueberry Chex Cereal, Cheese Stick

**W 22**

Cocoa Cherry Breakfast Bar, Yogurt

**T 23**

Strawberry Oatmeal Bar, Cheese Stick

**F 24**

Cinnamon Chex Cereal, Cheese Stick

**M 27**

French Toast Bread, Yogurt

**T 28**

Apple Oatmeal Bar, Cheese Stick

**W 29**

Brekkie Breakfast Round, Yogurt

**T 30**

Cocoa Cherry Breakfast Bar, Yogurt

**F 31**

NO SCHOOL