

September Breakfast

SECONDARY 2022

<p>M 5</p> <p>LABOR DAY</p>	<p>T 6</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Chicken Sasusage Patty, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>W 7</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Chicken Sasusage Patty, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>T 8</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Chicken Sasusage Patty, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>F 9</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Chicken Sasusage Patty, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>
<p>M 12</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>T 13</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>W 14</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>T 15</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>F 16</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>
<p>M 19</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Breakfast Chicken Filet, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>T 20</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Breakfast Chicken Filet, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>W 21</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Breakfast Chicken Filet, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>T 22</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Breakfast Chicken Filet, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>F 23</p> <p>Hot Breakfast Bar Choose From: English Muffin, Biscuit, Waffles, Eggs, Breakfast Chicken Filet, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>
<p>M 26</p> <p>NO SCHOOL</p>	<p>T 27</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>W 28</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>T 29</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>	<p>F 30</p> <p>Hot Breakfast Bar Choose From: Cinnamon Glazed French Toast, Biscuit, Pancakes, Scrambled Eggs, Turkey Sausages, Toppings</p> <p>Cold Breakfast Bar: Assorted Cereals, Protein Options, and Build your own Yogurt Parfait</p>

SELECTION OF FRUIT & MILK OFFERED DAILY



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Due to supply chain and distribution issues impacting our district and the world, our menu is subject to change. Keep this in mind when reviewing our printed and on-line menus. For the most up to date information, visit cws.mpls.k12.mn.us.