

December Breakfast



WELLSTONE & VOA 2023



SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School

F 1
Blueberry
Pomegranate
Breakfast Bar,
Fruit Cup,
Orange Juice,
 Yogurt

M 4
Cinnamon
Chex Cereal,
Fruit Cup,
Cheese Stick

T 5
French Toast
Bread,
Apple Slices,
Fruit Cup,
 Yogurt

W 6
Cocoa Cherry
Breakfast Bar,
Apple Slices,
Fruit Cup,
 Yogurt

T 7
Blueberry
Chex Cereal,
Fruit Cup,
Orange Juice,
Cheese Stick

F 8
NO SCHOOL

M 11
Blueberry
Pomegranate
Breakfast Bar,
Fruit Cup,
Orange Juice,
 Yogurt

T 12
Cinnamon
Chex Cereal,
Fruit Cup,
Cheese Stick

W 13
French Toast
Bread,
Apple Slices,
Fruit Cup,
 Yogurt

T 14
Cocoa Cherry
Breakfast Bar,
Apple Slices,
Fruit Cup,
 Yogurt

F 15
Blueberry
Chex Cereal,
Fruit Cup,
Orange Juice,
Cheese Stick

M 18

T 19

W 20

T 21

F 22

WINTER BREAK DEC 18 - JAN 1

M 25

T 26

W 27

T 28

F 29



Due to supply chain and distribution issues impacting our district and the world, our menu is subject to change. Keep this in mind when reviewing our printed and on-line menus. For the most up to date information, visit cws.mpls.k12.mn.us.