

November Breakfast



PREPACK 2023



SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School

W 1 Maple Pancakes Yogurt Cup Cereal	T 2 French Toast Sticks Hard Boiled Egg Cereal	F 3 NO SCHOOL
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M 6 Chicken Sausage or Egg English Muffin Sandwich OR Yogurt Cup Cereal
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T 7 Maple Butter Belgian Waffle Cheese Stick Cereal
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W 8 Aebleskiver Yogurt Cup Cereal
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T 9 Bagel with Cream Cheese Hard Boiled Egg Cereal

F 10 Blueberry Pomegranate Breakfast Bar Cheese Stick Cereal

M 13 Chicken Sausage or Egg English Muffin Sandwich OR Yogurt Cup Cereal

T 14 Blueberry Belgian Waffle Cheese Stick Cereal
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W 15 Maple Pancakes Yogurt Cup Cereal
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T 16 French Toast Sticks Hard Boiled Egg Cereal
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F 17 Chocolate Cherry Breakfast Bar Cheese Stick Cereal
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M 20 Chicken Sausage or Egg English Muffin Sandwich OR Yogurt Cup Cereal

T 21 Maple Butter Belgian Waffle Cheese Stick Cereal

W 22 NO SCHOOL

T 23 NO SCHOOL

F 24 NO SCHOOL

M 27 Chicken Sausage or Egg English Muffin Sandwich OR Yogurt Cup Cereal

T 28 Blueberry Belgian Waffle Cheese Stick Cereal
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W 29 Maple Pancakes Yogurt Cup Cereal
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T 30 French Toast Sticks Hard Boiled Egg Cereal
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F 1 Chocolate Cherry Breakfast Bar Cheese Stick Cereal
