

November Breakfast



WELLSTONE & VOA 2023



SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School

W 1

French Toast Bread,
Apple Slices,
Fruit Cup,
 Yogurt

T 2

Cocoa Cherry Breakfast Bar,
Apple Slices,
Fruit Cup,
 Yogurt

F 3

NO SCHOOL

M 6

Banana Bread,
Grapes

T 7

Blueberry Pomegranate Breakfast Bar,
Fruit Cup,
Orange Juice,
 Yogurt

W 8

Cinnamon Chex Cereal,
Fruit Cup,
Cheese Stick

T 9

French Toast Bread,
Apple Slices,
Fruit Cup,
 Yogurt

F 10

Cocoa Cherry Breakfast Bar,
Apple Slices,
Fruit Cup,
 Yogurt

M 13

Blueberry Chex Cereal,
Fruit Cup,
Orange Juice,
Cheese Stick

T 14

Banana Bread,
Grapes

W 15

Blueberry Pomegranate Breakfast Bar,
Fruit Cup,
Orange Juice,
 Yogurt

T 16

Cinnamon Chex Cereal,
Fruit Cup,
Cheese Stick

F 17

French Toast Bread,
Apple Slices,
Fruit Cup,
 Yogurt

M 20

Cocoa Cherry Breakfast Bar,
Apple Slices,
Fruit Cup,
 Yogurt

T 21

Blueberry Chex Cereal,
Fruit Cup,
Orange Juice,
Cheese Stick

W 22

NO SCHOOL

T 23

NO SCHOOL

F 24

NO SCHOOL

M 27

French Toast Bread,
Apple Slices,
Fruit Cup,
 Yogurt

T 28

Cocoa Cherry Breakfast Bar,
Apple Slices,
Fruit Cup,
 Yogurt

W 29

Blueberry Chex Cereal,
Fruit Cup,
Orange Juice,
Cheese Stick

T 30

Banana Bread,
Grapes

F 1

Blueberry Pomegranate Breakfast Bar,
Fruit Cup,
Orange Juice,
 Yogurt