

November / unch



PREPACK 2023



This institution is an equal opportunity provider.
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Enhance Your Meal with
Fresh Farm-to-School
Items on the Salad Bar.
Milk Offered Daily.



WE DO NOT SERVE PORK HERE.
No servimos cerdo aqui.
Waxaan halkan kuma adeegi doo'aaarka.
Peb tsis pab naqij npuas no.

W 1	#MNTHURS 2	F 3
Breaded Chicken Patty, 🌿 Black Bean Burger Smoked Turkey & Cheddar on Pullman Served with Diced Sweet Potatoes	🌿 Bison Chili, 🌿 Vegetarian Chili Chicken Salad on Flatbread Served with 🌿 Manoomin Salad, 🌿 Cornbread Mini Loaf, 🌿 Blueberry Crisp	NO SCHOOL

M 6	T 7	W 8	T 9	F 10
Chicken Alfredo, 🌿 Penne with Alfredo 🌿 Bagel Yogurt Pack Served with Mixed Vegetable Blend	🐟 Honey Chipotle Fish, 🌿 Baked Soy Nuggets Roasted Turkey & Cheddar on Flatbread Served with Creamy Mac & Cheese, Green Beans	BBQ Boneless Chicken Nuggets, 🌿 BBQ Soy Nuggets Smoked Turkey & Cheddar on Pullman Served with Baked Potato Wedge, Dinner Roll	🌿 Bean & Cheese Burrito Chicken Salad on Flatbread Served with Southwest Quinoa	🌿 Grilled Cheese Sandwich Roasted Turkey & Cheddar Sandwich Served with Tomato Soup

M 13	T 14	W 15	T 16	F 17
🌿 Cheese Omelet, Pancake with Blueberry Compote 🌿 Bagel Yogurt Pack Served with Diced Seasoned Potatoes	Beef Hamburger, Beef Cheeseburger, 🌿 Black Bean Burger Roasted Turkey & Cheddar on Flatbread Served with Baked Beans	Meatballs with Marinara & Penne, 🌿 Italian Vegetable Crumble Pasta Bake Smoked Turkey & Cheddar on Pullman Served with Green Beans, Dinner Roll	Baked Herb Chicken, 🌿 Baked Soy Nuggets Chicken Salad on Flatbread Served with Yellow Rice, Seasoned Peas	Beef Pepperoni Pizza, 🌿 Cheese Pizza Roasted Turkey & Cheddar Sandwich

M 20	T 21	W 22	T 23	F 24
Beef Sambusa, 🌿 Lentil Sambusa 🌿 Bagel Yogurt Pack Served with Butternut Squash Bake, Bariis Rice, Basbaas Sauce	Sweet & Sour Chicken, 🌿 Sunbutter Sandwich Roasted Turkey & Cheddar on Flatbread Served with Brown Rice, Green Beans	NO SCHOOL	NO SCHOOL	NO SCHOOL

Know Your Food 🍷 Local Business 🍳 JR Iron Chef Recipe
 🌿 Meatless Option 🐟 Farm to School 🐟 Contains Fish

M 27	T 28	W 29	T 30	F 1
Beef Nacho Grande, 🌿 Vegetable Crumble Nacho Grande, 🌿 Bagel Yogurt Pack Served with Seasoned Pinto Beans, Tortilla Chips	Beef Philly Sandwich, 🌿 Veggie Philly Sandwich Roasted Turkey & Cheddar on Flatbread Served with Baked Potato Wedge	Breaded Chicken Patty, 🌿 Black Bean Burger Smoked Turkey & Cheddar on Pullman Served with Diced Sweet Potatoes	🍷 BBQ Rubbed Chicken, 🌿 BBQ Soy Nuggets Chicken Salad on Flatbread Served with Dirty Rice, Corn on the Cob	Beef Pepperoni Pizza, 🌿 Cheese Pizza Roasted Turkey & Cheddar Sandwich