

September Breakfast



SECONDARY 2023



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| <p>M 4</p> <p>LABOR DAY NO SCHOOL</p>  | <p>T 5</p> <p>Biscuit Sandwich OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> | <p>W 6</p> <p>Cheesy Potato Egg Casserole with Toast OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> | <p>T 7</p> <p>Breakfast Burrito OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> | <p>F 8</p> <p>Scrambled Eggs with Cheese & Biscuit OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> |
| <p>M 11</p> <p>French Toast with Chicken Sausage Patty OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> | <p>T 12</p> <p>English Muffin Sandwich OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> | <p>W 13</p> <p>Chicken & Waffles OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> | <p>T 14</p> <p>Turkey Chorizo & Egg Breakfast Tacos OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> | <p>F 15</p> <p>Egg & Cheese Omelet with Harvest Breakfast Bread OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> |
| <p>M 18</p> <p>Pancakes with Turkey Sausage OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> | <p>T 19</p> <p>Biscuit Sandwich OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> | <p>W 20</p> <p>Cheesy Potato Egg Casserole with Toast OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> | <p>T 21</p> <p>Breakfast Burrito OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> | <p>F 22</p> <p>Scrambled Eggs with Cheese & Biscuit OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> |
| <p>M 25</p> <p>NO SCHOOL</p> | <p>T 26</p> <p>English Muffin Sandwich OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> | <p>W 27</p> <p>Chicken & Waffles OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> | <p>T 28</p> <p>Turkey Chorizo & Egg Breakfast Tacos OR Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p> | <p>F 29</p> <p>Egg & Cheese Omelet with Harvest Breakfast Bread OR Overnight Oats, Assorted Cereals, Hard Boiled Egg</p> |

SELECTION OF FRUIT & MILK OFFERED DAILY