

September



COMMUNITY SITES 2023



M 4
COMMUNITY SITES CLOSED LABOR DAY


T 5
SNACK
 Cheddar Crisp Crackers, Apple Juice
SUPER POWER BOX
 Hummus with Flatbread
DINNER
 Sunwise Sandwiches, Fresh Vegetables, Apple Slices

W 6
SNACK
 Garden Salsa SunChips, Fruit Punch
SUPER POWER BOX
 Tortilla Chips & Salsa
DINNER
 Bagel with Apple Spread, Yogurt Cup, Carrots, Grapes

T 7
SNACK
 Cheddar Goldfish Crackers, Apple Juice
SUPER POWER BOX
 Cheddar SunChips
DINNER
 Smoked Turkey & Cheddar Sandwich, Fresh Vegetables, Apple Slices

F 8
SNACK
 Annie's Bunnies Crackers, Fruit Punch
SUPER POWER BOX
 Bagel & Chickpea Spread
DINNER
 Flatbread with Hummus, Cheese Stick, Carrots, Grapes

M 11
SNACK
 Pretzel Goldfish Crackers, Apple Juice
SUPER POWER BOX
 Garden Salsa SunChips
DINNER
 Roasted Turkey & Cheddar Sandwich, Carrots, Fruit Cup

T 12
SNACK
 Mixed Berry Animal Crackers, Fruit Punch
SUPER POWER BOX
 Sunwise Sandwich
DINNER
 Sunwise Sandwiches, Fresh Vegetables, Apple Slices

W 13
SNACK
 Cheddar Crisp Crackers, Apple Juice
SUPER POWER BOX
 Hummus with Flatbread
DINNER
 Bagel with Apple Spread, Yogurt Cup, Carrots, Grapes

T 14
SNACK
 Garden Salsa SunChips, Fruit Punch
SUPER POWER BOX
 Tortilla Chips & Salsa
DINNER
 Smoked Turkey & Cheddar Sandwich, Fresh Vegetables, Apple Slices

F 15
SNACK
 Cheddar Goldfish Crackers, Apple Juice
SUPER POWER BOX
 Cheddar SunChips
DINNER
 Hummus with Flatbread, Cheese Stick, Carrots, Grapes

M 18
SNACK
 Annie's Bunnies Crackers, Fruit Punch
SUPER POWER BOX
 Bagel & Chickpea Spread
DINNER
 Roasted Turkey & Cheddar Sandwich, Carrots, Fruit Cup

T 19
SNACK
 Pretzel Goldfish Crackers, Apple Juice
SUPER POWER BOX
 Garden Salsa SunChips
DINNER
 Sunwise Sandwiches, Fresh Vegetables, Apple Slices

W 20
SNACK
 Mixed Berry Animal Crackers, Fruit Punch
SUPER POWER BOX
 Sunwise Sandwich
DINNER
 Bagel with Apple Spread, Yogurt Cup, Carrots, Grapes

T 21
SNACK
 Cheddar Crisp Crackers, Apple Juice
SUPER POWER BOX
 Hummus with Flatbread
DINNER
 Smoked Turkey & Cheddar Sandwich, Fresh Vegetables, Apple Slices

F 22
SNACK
 Garden Salsa SunChips, Fruit Punch
SUPER POWER BOX
 Tortilla Chips & Salsa
DINNER
 Flatbread with Hummus, Cheese Stick, Carrots, Grapes

M 25
BREAKFAST
 Banana Bread, Applesauce
SNACK
 Cheddar Goldfish Crackers, Apple Juice
SUPER POWER BOX
 Cheddar SunChips
DINNER
 Roasted Turkey & Cheddar Sandwich, Carrots, Fruit Cup

T 26
SNACK
 Annie's Bunnies Crackers, Fruit Punch
SUPER POWER BOX
 Bagel & Chickpea Spread
DINNER
 Sunwise Sandwiches, Fresh Vegetables, Apple Slices

W 27
SNACK
 Pretzel Goldfish Crackers, Apple Juice
SUPER POWER BOX
 Garden Salsa SunChips
DINNER
 Bagel with Apple Spread, Yogurt Cup, Carrots, Grapes

T 28
SNACK
 Mixed Berry Animal Crackers, Fruit Punch
SUPER POWER BOX
 Sunwise Sandwich
DINNER
 Smoked Turkey & Cheddar Sandwich, Fresh Vegetables, Apple Slices

F 29
SNACK
 Cheddar Crisp Crackers, Apple Juice
SUPER POWER BOX
 Hummus with Flatbread
DINNER
 Flatbread with Hummus, Cheese Stick, Carrots, Grapes

Milk available with Breakfast, Super Power Box, and Dinner.



PROVIDED BY MPS CWS