

September Lunch



ON-SITE 2023



<p>M 4</p> <p>LABOR DAY NO SCHOOL</p> 	<p>T 5</p> <p>Philly Cheesesteak Sandwich, Veggie Philly Sandwich</p> <p>Bagel Yogurt Pack</p> <p>Served with Potato Wedges, Watermelon</p>	<p>W 6</p> <p>Breaded Chicken Patty, Black Bean Burger</p> <p>Smoked Turkey & Cheddar on Pullman</p> <p>Served with Baked Beans</p>	<p>T 7</p> <p>BBQ Rubbed Chicken Drumstick, Grilled Cheese</p> <p>Chicken Salad on Flatbread</p> <p>Served with Dirty Rice, Corn on the Cob</p>	<p>F 8</p> <p>Pepperoni Pizza, Cheese Pizza</p> <p>Roasted Turkey & Cheddar Sandwich</p>
<p>M 11</p> <p>Grilled Cheese</p> <p>Bagel Yogurt Pack</p> <p>Served with Tomato Soup</p>	<p>T 12</p> <p>Honey Chipotle Fish, Spicy Black Bean Burger</p> <p>Roasted Turkey & Cheddar on Flatbread</p> <p>Served with Creamy Mac & Cheese, Green Beans</p>	<p>W 13</p> <p>BBQ Boneless Chicken Nuggets, BBQ Soy Nuggets</p> <p>Smoked Turkey & Cheddar on Pullman</p> <p>Served with Potato Wedges</p>	<p>T 14</p> <p>Chicken & Cheese Quesadilla, Black Bean & Cheese Quesadilla</p> <p>Chicken Salad on Flatbread</p> <p>Served with Seasoned Corn</p>	<p>F 15</p> <p>Chicken Alfredo, Penne with Alfredo</p> <p>Roasted Turkey & Cheddar Sandwich</p> <p>Served with Roasted Broccoli</p>
<p>M 18</p> <p>Cheese Omelet with Pancakes</p> <p>Bagel Yogurt Pack</p> <p>Served with Hash Brown Patty</p>	<p>T 19</p> <p>Beef Hamburger, Beef Cheeseburger, Spicy Black Bean Burger</p> <p>Roasted Turkey & Cheddar on Flatbread</p> <p>Served with Baked Beans</p>	<p>W 20</p> <p>Spaghetti and Meatballs, Spaghetti with Marinara, Garlic Texas Toast</p> <p>Smoked Turkey & Cheddar on Pullman</p> <p>Served with Green Beans</p>	<p>T 21</p> <p>Oven Fried Chicken Drumstick, Baked Soy Nuggets</p> <p>Chicken Salad on Flatbread</p> <p>Served with Braised Greens, Dinner Roll</p>	<p>F 22</p> <p>Pepperoni Pizza, Cheese Pizza</p> <p>Roasted Turkey & Cheddar Sandwich</p>
<p>M 25</p> <p>NO SCHOOL</p>	<p>T 26</p> <p>Sweet & Sour Chicken, Sweet & Sour Tofu</p> <p>Bagel Yogurt Pack</p> <p>Served with Brown Rice, Roasted Broccoli</p>	<p>W 27</p> <p>Chicken & Waffles, Baked Soy Nuggets & Waffles</p> <p>Smoked Turkey & Cheddar on Pullman</p> <p>Served with Red Roasted Potatoes</p>	<p>T 28</p> <p>Cheese Lasagna</p> <p>Chicken Salad on Flatbread</p> <p>Served with California Blend Vegetables, Garlic Toast</p>	<p>F 29</p> <p>Ferndale Turkey Chili Dog, Spicy Black Bean Burger</p> <p>Roasted Turkey & Cheddar Sandwich</p> <p>Served with Tator Tots</p>

Complement Meal with Salad Bar. Milk Offered Daily.



WE DO NOT SERVE PORK HERE.
No servimos cerdo aquí.
Waxaan halkan kuma adeegi doofaarka.
Peb tsis pab nqaij npuas no.

Know Your Food Local Business JR Iron Chef Recipe
Meatless Option Farm to School Contains Fish