

September Lunch



PREPACK 2023








<p>M 4</p> <p>LABOR DAY NO SCHOOL</p> 	<p>T 5</p> <p>Philly Cheesesteak Sandwich,  Veggie Philly Sandwich  Bagel Yogurt Pack <i>Served with</i> Potato Wedges,  Watermelon</p>	<p>W 6</p> <p>Breaded Chicken Patty,  Black Bean Burger Smoked Turkey & Cheddar on Pullman <i>Served with</i> Baked Beans</p>	<p>T 7</p> <p> BBQ Rubbed Chicken Drumstick,  Grilled Cheese Chicken Salad on Flatbread <i>Served with</i> Dirty Rice,  Corn on the Cob</p>	<p>F 8</p> <p>Pepperoni Pizza,  Cheese Pizza Roasted Turkey & Cheddar Sandwich</p>
<p>M 11</p> <p> Grilled Cheese  Bagel Yogurt Pack <i>Served with</i> Tamato Soup</p>	<p>T 12</p> <p>Penne with Meatballs,  Italian Veggie Crumble Pasta Bake Smoked Turkey & Cheddar on Pullman <i>Served with</i> Green Beans, Dinner Roll</p>	<p>W 13</p> <p>BBQ Boneless Chicken Nuggets,  BBQ Soy Nuggets Smoked Turkey & Cheddar on Pullman <i>Served with</i> Potato Wedges</p>	<p>T 14</p> <p>Chicken Burrito,  Black Bean & Cheese Burrito Chicken Salad on Flatbread <i>Served with</i> Pinto Beans</p>	<p>F 15</p> <p>Chicken Alfredo,  Penne with Alfredo Roasted Turkey & Cheddar Sandwich <i>Served with</i> Seasoned Mixed Vegetables</p>
<p>M 18</p> <p> Cheese Omelet with Pancakes  Bagel Yogurt Pack <i>Served with</i> Diced Seasoned Potatoes</p>	<p>T 19</p> <p>Beef Hamburger, Beef Cheeseburger,  Spicy Black Bean Burger Roasted Turkey & Cheddar on Flatbread <i>Served with</i> Baked Beans</p>	<p>W 20</p> <p> Honey Chipotle Fish,  Spicy Black Bean Burger Roasted Turkey & Cheddar on Flatbread <i>Served with</i> Creamy Mac & Cheese, Green Beans</p>	<p>T 21</p> <p>Baked Herb Chicken,  Baked Soy Nuggets Chicken Salad on Flatbread <i>Served with</i> Yellow Rice, Seasoned Peas, Dinner Roll</p>	<p>F 22</p> <p>Pepperoni Pizza,  Cheese Pizza Roasted Turkey & Cheddar Sandwich</p>
<p>M 25</p> <p>NO SCHOOL</p>	<p>T 26</p> <p>Sweet & Sour Chicken  Bagel Yogurt Pack <i>Served with</i> Brown Rice, Green Beans</p>	<p>W 27</p> <p>Chicken & Waffles,  Baked Soy Nuggets & Waffles Smoked Turkey & Cheddar on Pullman <i>Served with</i> Diced Seasoned Potatoes</p>	<p>T 28</p> <p> Lasagna Roll with Marinara Chicken Salad on Flatbread <i>Served with</i> Seasoned Mixed Vegetables, Dinner Roll</p>	<p>F 29</p> <p> Ferndale Turkey Hot Dog,  Spicy Black Bean Burger Roasted Turkey & Cheddar Sandwich <i>Served with</i> Baked Potato Wedges</p>

Complement Meal with Salad Bar. Milk Offered Daily.



WE DO NOT SERVE PORK HERE.
 No servimos cerdo aqui.
 Waxaan halkan kuma adeegi doofaarka.
 Peb tsis pab nqaij npuas no.

Know Your Food  Local Business  JR Iron Chef Recipe
 Meatless Option  Farm to School  Contains Fish